



# Memorial High School

## January 2021

<p><b>4</b></p> <p>Breakfast for Lunch Meat Lovers Pizza</p> <p>Cooked Carrots Fresh Fruit &amp; Veggies Juice &amp; Milk</p>	<p><b>5</b></p> <p>Chicken &amp; Noodles Mini Corn Dogs Specialty Pizza</p> <p>Season Green Bean Fresh Fruit &amp; Veggies Juice &amp; Milk</p>	<p><b>6</b></p> <p>Popcorn Chicken Bowl Bacon Cheeseburger Meat Lovers Pizza</p> <p>Sweet Colden Corn Fresh Fruit &amp; Veggies Juice &amp; Milk</p>	<p><b>7</b></p> <p>Beef Tacos Grilled Chicken BBQ Chicken Pizza</p> <p>Sweet Golden Corn Fresh Fruit &amp; Veggies Juice &amp; Milk</p>	<p><b>8</b></p> <p>Chicken Fried Rice Spicy Popcorn Chicken</p> <p>Steamed Broccoli Fresh Fruit &amp; Veggies Juice &amp; Milk</p>
<p><b>11</b></p> <p>Max Sticks Meat Lovers Pizza</p> <p>Sweet Golden Corn Fresh Fruit &amp; Veggies Juice &amp; Milk</p>	<p><b>12</b></p> <p>Pasta w/Meat Sauce Corn Dog Specialty Pizza</p> <p>Baked Beans Fresh Fruit &amp; Veggies Juice &amp; Milk</p>	<p><b>13</b></p> <p>Chicken Tender Basket Bacon Cheeseburger Meat Lovers Pizza</p> <p>Mashed Potatoes Fresh Fruit &amp; Veggies Juice &amp; Milk</p>	<p><b>14</b></p> <p>Beef Nachos Grilled Chicken BBQ Chicken Pizza</p> <p>Sweet Golden Corn Fresh Fruit &amp; Veggies Juice &amp; Milk</p>	<p><b>15</b></p> <p>Chicken on the Beach Spicy Popcorn Chicken</p> <p>Seasoned Green Beans Fresh Fruit &amp; Veggies Juice &amp; Milk</p>
<p><b>18</b></p>	<p><b>19</b></p> <p>Chicken Bacon Ranch Flatbread Mini Corn Dogs Specialty Pizza</p> <p>Cooked Carrots Fresh Fruit &amp; Veggies Juice &amp; Milk</p>	<p><b>20</b></p> <p>Country Fried Steak w/Roll &amp; Gravy Bacon Cheeseburger Meat Lovers Pizza</p> <p>Mashed Potatoes Fresh Fruit &amp; Veggies Juice &amp; Milk</p>	<p><b>21</b></p> <p>Beef Tacos Grilled Chicken BBQ Chicken Pizza</p> <p>Sweet Golden Corn Fresh Fruit &amp; Veggies Juice &amp; Milk</p>	<p><b>22</b></p> <p>Chicken &amp; Waffles BBQ Riblet</p> <p>Steamed Broccoli Fresh Fruit &amp; Veggies Juice &amp; Milk</p>
<p><b>25</b></p> <p>Breakfast for Lunch Meat Lovers Pizza</p> <p>Sweet Colden Corn Fresh Fruit &amp; Veggies Juice &amp; Milk</p>	<p><b>26</b></p> <p>Loaded Potato Bowl Corn Dog Specialty Pizza</p> <p>Cooked Carrots Fresh Fruit &amp; Veggies Juice &amp; Milk</p>	<p><b>27</b></p> <p>Chicken Tender Basket Bacon Cheeseburger Meat Lovers Pizza</p> <p>Seasoned Green Beans Fresh Fruit &amp; Veggies Juice &amp; Milk</p>	<p><b>28</b></p> <p>Frito Bowl Grilled Chicken BBQ Chicken Pizza</p> <p>Sweet Golden Corn Fresh Fruit &amp; Veggies Juice &amp; Milk</p>	<p><b>29</b></p> <p>Chicken Parmesan Spicy Popcorn Chicken</p> <p>Steamed Broccoli Fresh Fruit &amp; Veggies Juice &amp; Milk</p>
				<p>Every Day Options</p> <p>Pizza Slice Cheeseburger Chicken Sandwich Nuggets Deli Sub or Wrap Pre-Made Salad Choice of Potato</p>

**\*Eat at least 5 servings of fruits and veggies each day.**  
**\*Local ingredients are always used when in season.**  
**\*Fresh fruit & veggies offered daily**  
**\*Assorted milks offered daily!**  
**\* Featured whole grains**

**The Cafeteria Staff is Committed to Providing Safe, Nutritious Food, Prepared Fresh Daily.**

**Menu Subject to Change**