



Memorial High School

August 2019

5

6
Sausage Biscuit
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

7
Donut
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

8
Bac/Egg Cheese Biscuit
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

9
Breakfast Pizza
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

12
Mini Pancakes
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

13
Sausage Biscuit
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

14
Donut
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

15
Bac/Egg Cheese Biscuit
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

16
Breakfast Pizza
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

19
Mini Bagels
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

20
Sausage Biscuit
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

21
Donut
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

22
Bac/Egg Cheese Biscuit
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

23
Breakfast Pizza
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

26
Mini Pancakes
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

27
Sausage Biscuit
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

28
Donut
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

29
Bac/Egg Cheese Biscuit
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

30
Breakfast Pizza
Cereal w/ String Cheese
Muffin w/ String Cheese
Benefit Bar
Bagels w/ Cream Cheese
Mini Cinnamon Rolls
Fresh Fruit & Juice
8oz Milk

The Cafeteria Staff is Committed to Providing Safe, Nutritious Food, Prepared Fresh Daily.

Menu Subject to Change

***Eat at least 5 servings of fruits and veggies each day.**
***Local ingredients are always used when in season.**
***Fresh fruit & veggies offered daily**
***Assorted milks offered daily!**
*** Featured whole grains**