

# Memorial High School February 2019

**\*Eat at least 5 servings of fruits and veggies each day.**

**\*Assorted milks offered daily!**

**\* Featured whole grains**

**\* Menu subject to change**

**This institution is an equal opportunity provider.**

**The Cafeteria Staff is committed to providing safe, nutritious food prepared fresh daily.**



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Served Daily

Salad Bar  
Pepperoni Pizza  
Cheeseburger  
Chicken Sandwich  
Deli Sub  
Chicken Nuggets

4

Chicken Strips w/Gravy & Roll  
Bacon Cheeseburger  
Meat Lovers Pizza  
Taco Bar

Mashed Potatoes  
Fresh Fruits & Veggies  
Milk

5

Chicken & Noodles  
Nachos  
Meat Lover's Pizza  
Fajita Chicken Bar

Green Beans  
Fresh Fruits & Veggies  
Milk

6

General TSO  
Mini Cornies  
Specialty Pizza  
Taco Bar

Steamed Broccoli  
Fresh Fruits & Veggies  
Milk

7

Breakfast for Lunch  
Grilled Chicken Sandwich  
Meat Lover's Pizza  
Fajita Chicken Bar  
Soup

Cooked Carrots  
Fresh Fruits & Veggies  
Milk

1

Popcorn Chicken Bowl  
BBQ Chicken Sandwich  
Cheese Pizza  
Taco Bar

Corn  
Fresh Fruits & Veggies  
Milk

8

Walking Taco  
BBQ Chicken Sandwich  
Cheese Pizza  
Taco Bar

Baked Beans, Corn  
Fresh Fruits & Veggies  
Milk

11

Country Fried Steak w/Gravy & Roll  
Bacon Cheeseburger  
Meat Lovers Pizza  
Taco Bar

Mashed Potatoes  
Fresh Fruits & Veggies  
Milk

12

Max Sticks w/Sauce  
Corn Dog  
Meat Lover's Pizza  
Fajita Chicken Bar

Corn  
Fresh Fruits & Veggies  
Milk

13

Chicken Club Flatbread  
Hot Ham & Cheese  
Specialty Pizza  
Chef-Salad Bar  
Taco Bar

Baked Beans  
Fresh Fruits & Veggies  
Milk

14

Chicken on the Beach  
Grilled Chicken Sandwich  
Meat Lover's Pizza  
Fajita Chicken Bar  
Soup

Cooked Carrots  
Fresh Fruits & Veggies  
Milk

15

Pasta W/ Meat Sauce  
BBQ Chicken Sandwich  
Cheese Pizza  
Taco Bar

Green Beans  
Fresh Fruits & Veggies  
Milk

18

19

Nachos  
Mini Cornies  
Meat Lover's Pizza  
Fajita Chicken Bar

Corn  
Fresh Fruits & Veggies  
Milk

20

Breakfast for Lunch  
Hot Ham & Cheese  
Specialty Pizza  
Taco Bar

Cooked Carrots  
Fresh Fruits & Veggies  
Milk

21

BBQ Chicken Flatbread  
Grilled Chicken Sandwich  
Meat Lover's Pizza  
Fajita Chicken Bar  
Soup

Baked Beans  
Fresh Fruits & Veggies  
Milk

22

Chicken Alfredo w/Bread  
BBQ Chicken Sandwich  
Cheese Pizza  
Taco Bar

Green Beans  
Fresh Fruits & Veggies  
Milk

25

Salisbury Steak w/Gravy & Roll  
Bacon Cheeseburger  
Meat Lovers Pizza  
Popcorn Chicken -Salad Bar  
Taco Bar

Mashed Potatoes  
Fresh Fruits & Veggies  
Milk

26

Tomato Soup  
W/Grilled Cheese  
Mini Cornies  
Meat Lover's Pizza  
Fajita Chicken Bar

Green Beans  
Fresh Fruits & Veggies  
Milk

27

BBQ Riblet Sandwich  
Hot Ham & Cheese  
Specialty Pizza  
Taco Bar

Baked Beans  
Fresh Fruits & Veggies  
Milk

28

Pasta w/Sauce & Bread  
Grilled Chicken Sandwich  
Meat Lover's Pizza  
Fajita Chicken Bar  
Soup

Green Beans  
Fresh Fruits & Veggies  
Milk